

2019 USDF INTRODUCTORY LEVEL – TEST A

WALK—TROT

REQUIREMENTS:

Free walk
Medium walk
Working trot rising
20 meter circle
Halt through walk

PURPOSE: To introduce the rider and/or horse to the sport of dressage. To show understanding of riding the horse forward with a steady tempo into an elastic contact with independent, steady hands and a correctly balanced seat. To show proper geometry of figures in the arena with correct bend (corners and circles).

NO.

	TEST	DIRECTIVE IDEAS	POINTS	COEFFICIENT	TOTAL	REMARKS
1. A Between X & C	Enter working trot rising. Medium walk.	Straightness on centerline and in transition; clear trot and walk rhythm.				
2. C M	Track right. Working trot rising.	Balance and bend in turn. Quality of transition.				
3. A	Circle right 20 meters, working trot rising.	Roundness and size of circle; clear trot rhythm and bend.				
4. K-X-M	Change rein.	Clear trot rhythm and straightness on diagonal; bend through corners.				
5. C	Circle left 20 meters, working trot rising.	Roundness and size of circle; clear trot rhythm and bend.				
6. Between C & H	Medium walk.	Willing and balanced transition; clear walk rhythm.				
7. H-X-F	Free walk.	Complete freedom to stretch neck forward and downward; clear walk rhythm, straightness on the diagonal; ground cover.				
8. F-A A	Medium walk. Down centerline.	Willing and balanced transition; clear walk rhythm, bending in corner and turn. Straightness on centerline.				
9. X	Halt and salute.	Straightness; willing, balanced transition at halt.				

Leave arena in free walk. Exit at A.

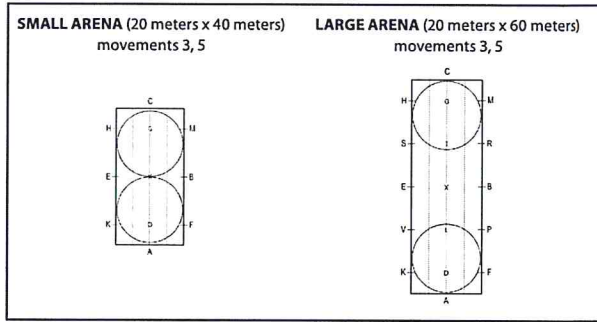
COLLECTIVE MARKS:

Gaits (freedom and regularity).			
Impulsion (desire to move forward with suppleness of the back and steady tempo).			
Submission (acceptance of steady contact, attention, and confidence).		2	
Rider's position (keeping in balance with horse).			
Rider's effectiveness of aids (correct bend and preparation of transitions).			
Geometry and accuracy (correct size and shape of circles and turns).			

160

FURTHER REMARKS:

SUBTOTAL _____
ERRORS (—) _____
TOTAL POINTS _____



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UNITED STATES DRESSAGE FEDERATION™
2019
INTRODUCTORY LEVEL – TEST A
 WALK—TROT

USDF
 INTRODUCTORY
 LEVEL TEST
A

This unique series of tests provides an opportunity for the horse and/or rider new to dressage to demonstrate elementary skills. The tests have been designed to encourage correct performance and to prepare the horse for the transition to the USEF tests.

SUGGESTED SCHEDULING TIME
 5:00 Standard Arena
 4:00 Small Arena
 (Possibly longer for schooling shows)

INSTRUCTION:

- All trot work to be ridden rising. Transitions from walk to trot and trot to walk may be performed through sitting trot with the objective of performing a smooth transition.
- Turns from center line to long side and long side to centerline should be ridden as a half circle, touching the track at a point midway between the centerline and the corner, and vice versa.

COMMENT:
 Horses should be ridden on a light but steady contact, with the exception of the free walk in which the horse is allowed complete freedom to stretch neck forward and downward.

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Score sheet effective date: December 1, 2018 - November 30, 2022

Name of Competition _____
 Class _____
 Date _____
 Number and Name of Horse _____
 Name of Rider _____

MAXIMUM POSSIBLE POINTS: 160
FINAL SCORE

Points _____ Percent _____

Name of Judge/Position _____
 Signature of Judge _____